TELESCOPING TOE BAR

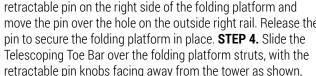
PARTS: Telescoping Toe Bar. Folding platform required.



ATTACHMENT INSTRUCTIONS

TO BEGIN INSTALLATION: Remove squat stand if necessary. **STEP 1.** Face the tower. Align the bottom of the folding platform above the lower rail base. **STEP 2.** Find the two holes in the outside left rail just above the base and slide the left pins on the folding platform into the holes. **STEP 3.** Pull the

retractable pin on the right side of the folding platform and move the pin over the hole on the outside right rail. Release the









ACCESSORY IN USE





until the pins contact the top of the folding platform struts.

STEP 5 / STEP 6. Pull the retractable pins to adjust the Telescoping Toe Bar to the desired height. Release the pins on the Telescoping Toe Bar when the pins engage in one of three adjustment holes in the folding platform struts.





